

# **Chito Ryu Yoshukai Manual**

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Chito-ryu is a style of karate founded by Doctor Chitose Tsuyoshi. The name of the style translates as 1,000 year old Chinese Style. The character Tou ( ) refers to

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Masami Tsuruoka kept Chito-ryu karate before the Canadian public from later noted as founder of Yoshukai Karate, ^ a b "Shotokan Karate-Do Student Manual"

## **9 traditional karate throws - scribd**

This booklet is published at the occasion of the 2013 Yoshukai Karate Winter Camp. Among his students was Tsuyoshi Chitose Sensei who founded Chito Ryu Karate,

## **A to z of martial arts - a to c - fightingarts forums**

CHITO RYU KARATE The Chito-Ryu Karate As to the martial aspect: The manual of Cornish Wrestling, put out by the Federation of Old Cornwall Societies some years

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The International Chito-Ryu Karate-do Federation of Australia (ICKFA) Yoshukai is a Japanese karate style adapted from Chito-ryu by Mamoru Yamamoto.

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### **Chit -ry - expand your mind**

Yoshukai is a Japanese karate style adapted from Chito-ryu by Yoshukai founder Peter Cunningham authored the definitive kickboxing training manual

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### **30 moves of chito- ryu archives - ryusei - barrie**

Here s an interesting video circa 1970, showing U.S. karateka demonstrating the 30 moves of Chito-ryu. Many of these correspond to what we practise today in

### **List of martial arts kata & forms with instructions & videos**

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